

# The Band Buzz



## Aug 1, 2016



### What's Happening This Week:

Mon-Fri, Aug 8-12 11:45-5:15 At Home Camp  
Tues: Aug 9<sup>th</sup> 6:30pm: BINGO  
Fri: Aug 12<sup>th</sup> 7:30am – 10:30pm School Pictures  
Sat, Aug 13<sup>th</sup> 9:00-1:30 Viking Invasion  
Sat, Aug 13<sup>th</sup> 6:30 pm: BINGO



**NOTICE:** Due to a **SEVERE** allergy, no peanuts, tree nuts or products containing them are to be brought into the band or guard rooms or on the busses.

### WLC Registration

Due to Away Camp, the following provisions have been made to help accommodate each member. As always, parents are welcome to follow the times listed by WLC to pick up your student's schedule, books and get their locker assignments. In order to not be late for practice on Aug 23, please plan to have your LifeTouch picture taken this Friday as listed below.

**Friday Aug 12: LifeTouch Pictures @ WLC 7:30-10:30 B103**  
**Mon Aug 15: Senior Registration 7:30-12:00**  
**Tues Aug 23: Make up Registration 7:30-11:00**

### Viking Invasion!

This is an event sponsored by the Football Boosters. Each football team, cheerleading squad, pom squad and the MARCHING BAND will do a scrimmage or performance to kick off the season followed by a family picnic.

9:00-1:30 at WLC

**Marching Band Food to be Provided by 12:00 to Food Tent:**

**Freshmen:** Some kind of Side/Side Salad

**Sophomores w/ last names A – L:** veggie tray

**Sophomores w/ last names M – Z:** fruit tray

**Juniors:** Some kind of Side/Side Salad

Expecting 500 people...please make large size and use disposable containers!

#### Band Report Times:

11:15 Report to band room (wear Band T-Shirt & shorts)

\*Turn in food to tent (before our performance at 12:00 noon)

12:00 Marching Band Performs in Stadium

12:15 Put gear away

12:30 Picnic (bring lawn chairs and blankets)

## HELP!!

**AT HOME CAMP:** We still have slots open for At Home Camp Volunteers. It takes all of us to make this camp run smoothly. Please log in and volunteer for as many as you can do! (contact Lynne at [jlwasiak@comcast.net](mailto:jlwasiak@comcast.net)).

Make sure everyone is eating before you come and bringing a healthy snack. PLEASE fill your drinks up with ice before you come. We want everyone to have a fun and safe At Home Camp!

## THE BAND NEEDS YOUR HELP!!

1. **PREVIEW SHOW** – on Sept 10, we host a Preview Show for local marching bands. This is a fun / fundraiser for us, and it requires many hands. It's a lot of fun & a great way to meet band families! Go to [www.charmsoffice.com](http://www.charmsoffice.com) – schoolcode: **wlcmb** & sign in to your kid's account. (go to volunteer area and click on preview show)

- **Concessions:** Help to set up, sell and clean up concession sales.
- **Event Tickets Sales:** Sell tickets to event and/or work the entrance gate.
- **Raffle Sales:** 50 50 tickets sales in the stadium. Requires walking.
- **Guides:** Work with the bands to lead them on and off the field and stay with them in the school.
- **Ushers:** Help people find seats in the stands.
- **Parking:** Direct parking lot traffic and aid in directing cars to parking spaces.
- **First Aid:** Render first aid as needed.

## How can you Make \$, Support the Band and Get Your Steps in?

### By helping out at Bingo!

You can earn up to \$50 by helping at Bingo....each time you go!

Plus, this is the Band's biggest money maker of the year.

Get your steps in while helping support your band!

Check out the website for more details!

<http://www.wlcbands.com/bingo.html>



**PLEASE check the Calendar on the Website for more detailed scheduling**

**MARK  
YOUR  
CALENDAR**

Aug 8-12: At Home Camp 11:45-5:15

Aug 13: Viking Invasion 10:30-1:00

Aug 15: At Home Camp 8:45-5:15

Aug 16 – 19<sup>th</sup>: Band Camp @ Camp Nissokone in Oscoda, MI / details TBA

Aug 22-Aug 26: At Home Camp 11:45-8:15

Aug 22: 5:00 Band Pool Party @ The Mara's Home (see calendar for details)

Aug 29-Sept 1: At Home Camp 11:45-8:15

# Bag check-Parent

I \_\_\_\_\_ have searched my child's bags for the WLC marching band trip to Camp Nissokone. I understand that if my child is found to have any items that violate the Walled Lake Schools student code of conduct, my child may be excluded from activities at camp or sent home from the camp and I will be called to pick my child up.

\_\_\_\_\_  
Parent signature

\_\_\_\_\_  
Date

# Student Contract

I \_\_\_\_\_ did not bring any items that violate the Walled Lake School student code of conduct. I understand that if I am found to have any of these items, I will not be allowed to participate in activities at camp and my parents may be called to pick me up from camp. I agree to exhibit positive behaviors as I represent the band, Mr. Rogers, Walled Lake Central while at camp. I understand that I am expected to be respectful to the staff, chaperones, camp staff and my peers.

\_\_\_\_\_  
Student signature

\_\_\_\_\_  
Date



## Safe snacks for camp

Please remember that we have a severe nut allergy this year. We are asking everyone to be mindful when choosing snacks to send to camp. Below is a list of items that are nut free. Please pay attention to the brands, some things are brand specific.

Ritz crackers

Wheat Thins

Cheez-its

Honey Maid Graham Crackers

Chips (Frito lay)

Rice cakes

Fruit or veggies

Pop tarts

Austin brand animal crackers

Triscuits

Club crackers

Gogo squeeze applesauces

Raisins

Cheddar Goldfish

Pringles

Rold Gold Pretzels

Fruit snacks

Popcorn

Kellogg Nutri-grain bars

Teddy Grahams

Nilla Wafers

Oreos

Bugles

If your child wants to bring candy, no more than one package is suggested, please be sure to check the label. Most gummies, skittles, twizzlers, runts, Mike and Ike, etc candies are acceptable.

**Please do not send baked goods!**

Walled Lake Central  
High School  
Marching Band




Band Camp Handbook  
2016

# Camp Daily Schedule

|                 |                       |
|-----------------|-----------------------|
| 7:45 a.m.       | Breakfast             |
| 8:30-11:45 a.m. | Visual                |
| 12:00 p.m.      | Lunch                 |
| 12:30—1:00 p.m. | Rest Time in Cabins   |
| 1:00—3:00 p.m.  | Sectionals            |
| 3:00—5:00 p.m.  | Free Time             |
| 5:15 p.m.       | Dinner                |
| 6:00 p.m.       | Visual/Ensemble Block |
| 9:00 p.m.       | Evening Activity      |
| 10:00p.m.       | Shower, ready for bed |
| 11:00 p.m.      | Lights Out            |

## Evening Activities

|  |                    |                          |   |
|--|--------------------|--------------------------|---|
|  | <u>TUESDAY</u>     | <u>WEDNESDAY</u>         | <u>THURSDAY</u>                             |
|  | Bonfire<br>S'mores | Ice cream<br>Cards/games | Talent Show<br>Senior Awards<br>Water Fight |

**Weekly Menu-** *Please note this menu is subject to change.*

|                  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|------------------|---|---|---|---|
| <b>BREAKFAST</b> |   | Waffles, sausage patties, blueberries, Wow butter (soy based, peanut free, gluten free, dairy and egg free, substitute for peanut butter. Tastes just like peanut butter! **breakfast bar | French Toast, sausage links, **breakfast bar  | Scrambled eggs, bacon, toast, breakfast burritos-tater coins, **breakfast bar |
| <b>LUNCH</b>     | Chicken tenders with mac&cheese, applesauce, *salad bar | Subs, mac & cheese, pickles, celery, carrots & chips, *salad bar  | Grilled cheese, tomato soup, pickles, chips, *salad bar                                       | Tacos, chips, cheese, rice, beans, *salad bar                                 |
| <b>DINNER</b>    | Pizza, bread sticks, *salad bar                         | Baked chicken, baked potatoes, veggie/roll, *salad bar  | BBQ cookout—burgers and hotdogs, potato salad, pasta salad, coleslaw, baked beans, watermelon |   |

\* - Salad Bar includes fresh fruit and veggie and will change daily.

\*\* - Breakfast Bar includes: milk, juice, cereal, oatmeal, cottage cheese, yogurt, pineapple, peaches, pears and hard boiled eggs.

## Prescription Medication Instructions

We value your child's privacy as well as their safety. In order to provide a safe environment for all students and follow state guidelines for medications, we ask that you do the following:

- Have just enough medication for the week we are at camp in an original, properly labeled prescription bottle with the dosage and consumption directions clearly marked on the bottle.
- Place the prescription bottle and a 3 X 5 index card with your child's name on it in a sealed one-gallon plastic zip-lock bag.
- Personally hand the medication to the camp Medical Director on Monday, August 15, 2016 at 5:00 p.m. in the orchestra room.
- The Medical Director will maintain and administer the medication at camp. The band maintains a log of prescription and over the counter medications for each student. If necessary, medication may be refrigerated.
- All medications, including inhalers and EPI pens, require a prescription medication form that must be signed by your physician. The student may carry inhalers and EPI pens on their person if needed, but we still need to have the district medication form on file.
- **THE STUDENTS ARE NOT ALLOWED TO HAVE ANY MEDICATIONS (PRESCRIPTION OR OVER THE COUNTER) ON THEIR PERSON, EXCEPT FOR EPI PENS AND INHALERS AS STATED ABOVE. ALL MEDICATIONS WILL BE STORED IN THE MEDICAL CABIN.**

If you have any questions, please call:

|                                       |                |
|---------------------------------------|----------------|
| Medical Director- Suhanya Subramanian | (248) 787-0624 |
| Medical Assistant- Deb Schiffer       | (248) 568-7576 |

We look forward to a fun and healthy week with your child!





# HELPFUL REMINDERS

## HEAT AND DEHYDRATION

Marching Band Camp involves some strenuous activities on a daily basis. A great amount of attention has gone into planning the timing of this activity and providing plenty of breaks and rest time, but everyone needs to be aware of their fluid intake in warm weather. Our bodies rapidly lose fluid through sweating and "exertional breathing" that is involved in playing many instruments. If we do not replace these fluids, serious illness, including heat dehydration and heat stroke, can result. To keep this from happening, at every break we encourage the students to drink water or Gatorade and eat pretzels. The key point is if you wait until you are very thirsty to drink, it is most likely your body has already started dehydrating.

## SUNBURN

We ask every camper to bring sunscreen, at least SPF 15, and lip balm. We encourage each camper to apply twice daily to prevent sunburn.

## INJURIES

If your student has been fitted with any type of orthopedic device, such as a brace, splint or wrap, they need to bring it with them to camp. It is very important that they plan on using it to prevent an injury or complications. We will definitely provide lots of TLC and apply many band-aids, ice, and wraps as needed. We will contact you for anything serious in nature.

# Marching Band Camp Rules

These guidelines are in place so that your camper will have a positive and enriching experience while at Band Camp. Please go over these with your child so they will understand the expectations while at camp. The students will also meet with the Camp Director and Assistants at Pre-Camp where they will also become familiar with these rules.

- Students will follow the WLC Student Code of Conduct as well as camp rules. Any breaking of these rules could result in the student's dismissal from the music program.
- Students will follow the WLC Dress Code.
- Drugs, alcohol, tobacco, and knives are prohibited per district policy.
- No students will be allowed to have a vehicle at camp.
- Students are expected to act like young adults and are to be courteous and respectful to anyone with whom they come into contact.
- Absolutely no HAZING (Hazing is defined as a person or group of people doing something to a person or group of people with the intent of causing physical or mental discomfort).
- NO BOYS allowed in girls cabins and NO GIRLS allowed in boys cabins.
- Students are to take advantage of rest time and are to engage in quiet activities during this time.
- Cell phones are to be used only during scheduled free time.
- At 11:00 p.m. students are expected to go to sleep and are not to leave their cabins. All cell phone use is suspended at this time. Band Camp runs on a very demanding schedule and everyone needs his/her sleep.
- Students are responsible for keeping their area clean throughout the week.
- No visitors will be allowed. Parents are not considered visitors.
- Students may not leave camp at any time.
- Work hard and have fun!!!

While we are at Camp Nissokone, we are their guest. They are truly looking forward to having us stay with them. Please remember to show your appreciation and respect for their facility and their staff.

# CHECKLIST

The following items are a recommendation for camp. If you have any questions, please feel free to ask the Camp Director or Assistants.

## **DO NOT BRING YOUR WATER JUG**

- Bedding: Sleeping bag, pillow, sheets (there are mattresses on the camp beds)
- Clothing: Daily change of clothes, including shorts and pants (LIGHT COLORED CLOTHES KEEP YOU COOLER)
- Hat (loose fitting with brim—important!)
- Pajamas
- Comfortable gym shoes for marching (2 pair would be good)
- Thick sport socks
- Sweatshirt or jacket and rain gear
- Swimsuit/ towel/swim shoes recommended
- Boxer briefs for boys (to avoid chaffing)
- Other: Instrument and music
- \*\*\*Flashlight\*\*\*
- Personal toilet articles (toothbrush, toothpaste, soap, shampoo, deodorant, etc.)
- Towels and washcloth
- Sunglasses, sunscreen, lip balm, talcum/Gold Bond powder & bug repellent (Avoid perfumed and scented products...they attract bugs)
- Camera, personal music players (iPod, iPhone, etc)
- Favorite snacks, drinks, small cooler (avoid chocolate) DO NOT send 'Red Bull' or any other concentrated caffeine drinks (note: no ice is available to the kids for coolers) NO NUTS OR PRODUCTS CONTAINING NUTS!
- Be aware that cell phone reception may be poor.

# VISITORS

Camp Nissokone, 6836 F 41, Oscoda, MI 48750

Parents are welcome and encouraged to visit Band Camp. However, please keep in mind the following guidelines:

- Check in with the Camp Director or Assistant Camp Director at the office upon arrival and departure. You must sign in and out.
- Unfortunately, we cannot have you join us for a meal as we have contracted to feed only the students, staff, and chaperones, so please keep this in mind when choosing visiting times.
- You may not take your child off the camp premises for any reason.
- The instructional time is very important to the success of the program. Please do not interrupt or distract the Band Director, instructional staff, or students, while they are working, as this will cause undue distraction during learning time. Please remember that this is a class whereas your child receives credit. If you have any urgent questions or concerns, please contact the Camp Director.
- Alumni band members may visit. They are responsible for adhering to the same guidelines as above and must leave the camp premises no later than 9:00 p.m.

## Camper Release Plan

All Walled Lake Central students shall be transported to and from Camp Nissokone by charter busses and selected chaperones. In the event that a student should leave early, the following rules will apply:

Any early departures must be preapproved by Mr. Rogers and communicated to the Camp Director.

1. All campers are to be released to a parent/guardian (authorized person).
2. Authorized persons are to be directed to the Camp Director to sign their camper out. The release log shall contain the camper's name, the date and time of release, and the authorized person's signature.
3. Where custodial parent requests that a camper not be signed out to a non-custodial parent, such request must be in writing.
4. When a last-minute change occurs in who shall pick up a camper, the Camp Director or camp assistants may request to see a photo ID, a verification phone contact, or another form of identification.

# CAMPER RELEASE FORM

If you know you will be picking up your child from camp on Friday, August 19, 2016, please turn this form in no later than the end of band rehearsal on Monday, August 15, 2016, to the Camp Director.

## BAND CAMP TRANSPORTATION PERMISSION FORM

All Walled Lake Central High School Marching Band students shall ride to and from band camp on the charter bus. Should a variation from this plan become necessary, fill out the following form and submit to the Camp Director. The Camp Director will only release the student to those authorized by the parent (over the age of 21).

(Name of person), \_\_\_\_\_, has my permission to pick up  
(child) \_\_\_\_\_ from band camp, on Friday, August 19, 2016.

(Child) \_\_\_\_\_ will not ride home on the charter bus.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

# Walled Lake Central Marching Band Camp Staff 2016

Director, David W. Rogers

|                                  |                     |                      |
|----------------------------------|---------------------|----------------------|
| <b>Camp Director:</b>            | Danya Stump         | cell: (248) 467-6079 |
| <b>Camp Director Assistants:</b> | Karen Surace        | cell: (248) 504-7179 |
| <b>Camp Medical Director:</b>    | Suhanya Subramanian | cell: (248) 787-0624 |
| <b>Medical Assistant:</b>        | Deb Schiffer        | cell: (248) 568-7576 |

## Camp Chaperones:

Jeff Aasgaard  
Vickie Allison  
Mirna Ammori

Richard Batkin  
Eric Schiffer  
Sheri Combs  
Angie Consiglio  
Jen Crusan  
Lynn Dunn  
Lori Goodman  
Bill Henning  
Michelle Hojnacki  
Bruce Jaquays  
Jeff Kaplan  
Sandy Kott  
Brandt Lyall  
Andi Mara  
Rebecca Marquardt  
Fred Marquardt  
Missy Mergner  
Karey Moore  
Donna Mominee  
Jennifer Mulder  
Laurie Peggs  
Steve Safiedine

Dave Sherman  
Joyce Steifer  
John Telford  
Yohannes Teshome  
Chris Trombetta  
Curt Whitworth  
Jeff Zug

## Instructional Staff:

Aaron Barriento  
Jeffrey Cash  
Nick Pourcho  
Sarah Rillo  
Jeff Stracke  
Shelby Dearth  
Noah Granitz  
Kevin Wright  
Mike York  
Chris Durand  
Jeremy Turner  
Stephen Byars  
Hannah Brown  
Taylor LaPrarie  
Kyle Peters

|  |  |
|--|--|
|  |  |
|--|--|

## Arrival Information

Arrival time: 7:00 a.m.

Location: Walled Lake Central parking lot

Upon arrival at WLC:

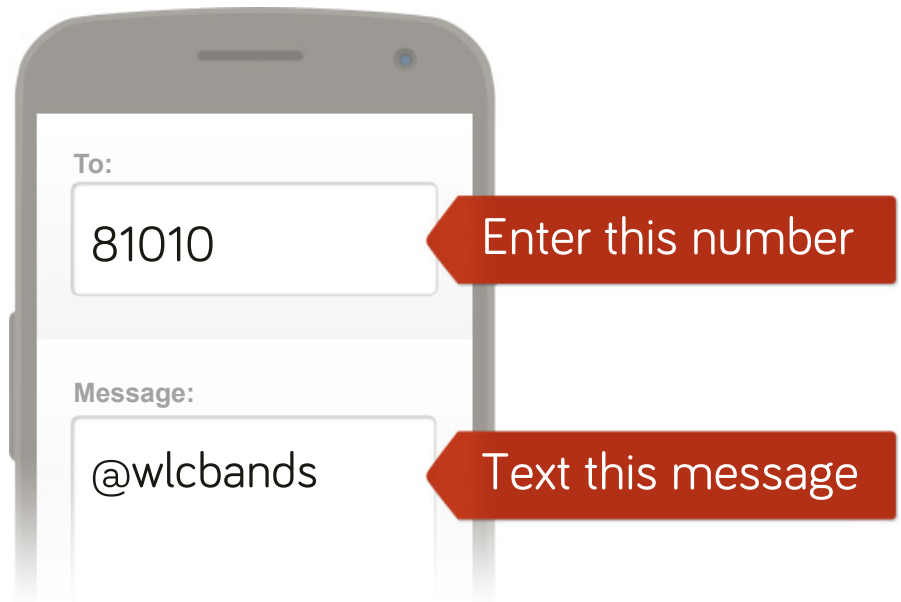
1. Students should go to their assigned bus (#1, #2, #3 or #4), turn in luggage check form with parent signature, load luggage, sleeping bags, etc.,
2. Students should then go to the Orchestra room to pick up a water for the bus ride.
3. Students should then proceed to their assigned bus, sign in with bus chaperone, board bus and stay on the bus until we depart for camp.
4. Once all students have boarded their assigned busses, we will depart for Camp Nissokone!

# Tamara Prechtel would like you to join WLCMB-No Reply!



To receive messages via text, text **@wlcbands** to **81010**. You can opt-out of messages at anytime by replying, 'unsubscribe @wlcbands'.

Trouble using 81010? Try texting **@wlcbands** to **(248) 841-8923** instead.



\*Standard text message rates apply.

Or to receive messages via email, send an email to **wlcbands@mail.remind.com**. To unsubscribe, reply with 'unsubscribe' in the subject line.



## WHAT IS REMIND AND WHY IS IT SAFE?

Remind is a free, safe, and simple messaging tool that helps teachers share important updates and reminders with students & parents. Subscribe by text, email or using the Remind app. All personal information is kept private. Teachers will never see your phone number, nor will you see theirs.

Visit [remind.com](http://remind.com) to learn more.