

The Band Buzz



August 12, 2013



This week at-a-glance:



MON, Aug 12	At-Home Camp 8:45 AM- *6:15PM */ LUNCH BREAK 12:00 – 1:00
MON, Aug 12	Load Truck for band camp 5:00 – 6:00 PM
MON, Aug 12	Senior Picture -7PM Seniors may leave and return after dinner for the 7PM picture. Please wear your yellow or blue state championship t-shirt or one of similar color.
MOM, Aug 12	Prescription Medication Drop 6PM –Orchestra Room Band Camp Chaperone Meeting 7PM-Band Room
TUES, Aug 13	Meet @ WLC ready for band camp 7:00 AM...see packet for details!
Aug 13 – 16	CAMP TIMBERS, WEST BRANCH, MI
Fri, Aug 16	7PM Pick up campers @ WLC approx.
Sat, Aug 17	VIKING INVASION! SEE PAGE 2 FOR DETAILS!



BAND CAMP IS HERE!

**We will meet Tuesday, Aug. 13, 7AM
in the WLC parking lot...check out
band camp packet for packing list,
details and necessary forms.**

Camp packet at:

www.wlcbands.com/band-camp.html



**SMART MUSIC
FOR WIND
PLAYERS:**

Don't forget to practice your assignments...please check out Smart Music at www.smartmusic.com

BINGO help needed!

Aug 13
Aug 20
Aug 24
Aug 27
Aug 31



Come on....give it a try!

GO TO

<http://www.wlcbands.com/bingo.html>

TO SIGN UP FOR BINGO!

Fun, Easy way to make \$\$\$ for the band
AND \$\$\$ to put in your pocket!

Email: Bingo@wlcbands.com with ?'s

TIME for a VIKING INVASION!

Saturday, August 17, 2013!

Viking Invasion is a fun event in which many fall sports teams get together to play/perfor for each other. Each team is responsible for bringing different items to the **free** picnic.

PLEASE BRING by noon to practice area on side of football field – sophomores & juniors only being asked to bring food this year:

- Sophomores** w/ last names beginning with **A – L:** Cut up veggie tray
- Sophomores** w/ last names beginning with **M – Z:** Cut up fruit tray
- Juniors ONLY:** Salads

Expecting 600 people please make large size!

- 10:30 Report / wear Band T-Shirt & shorts
Turn in food to tent (by noon)
- 10:45 Warm-Up
- 11:30 Run-through of Performance in lot
- 11:45 Marching Band Performs in Stadium
- 12:00 Put gear away
- 12:15 Picnic

Details on website: www.wlcbands.com

**WLC STUDENT FALL
REGISTRATION INFO:**

Because registration is while we will be at band camp, band members will need to attend the registration make up day on **Tuesday, Aug 20, 7:30 – 12:00**. If you did NOT have your picture taken on Aug 9, you will need to have that done on the 20th please arrive early!

Mark
Your
Calendars

:

Aug 12 Rehearsal 8:45 am – 6:15 pm / Load Truck 5:00 pm
Aug 13 - 16 BAND CAMP @ CAMP TIMBERS / West Branch
Aug 17 Viking Invasion – all fall sports participate / perform
Aug 19 –23 At-Home Camp, 11:45 am – 8:45 pm (dinner break 5-6)
Aug 20 WLC Fall Registration Makeup Date 7:30 – 12:00
Aug 26 PIZZA & POOL PARTY, 5:45 – 10:00 pm Mara’s house
Sept 3 Begin Fall schedule – 2:50 – 5:00 Rehearsal - NO GUARD
See website for details www.wlcbands.com/calendar.html

Walled Lake Central
High School
Marching Band




Band Camp Handbook
2013

Camp Daily Schedule

7:45 a.m.	Breakfast
8:30-11:45 a.m.	Visual
12:00 p.m.	Lunch
12:30—1:00 p.m.	Rest Time in Cabins
1:00—3:00 p.m.	Sectionals
3:00—5:00 p.m.	Free Time
5:15 p.m.	Dinner
6:00 p.m.	Visual/Ensemble Block
9:00 p.m.	Evening Activity
10:00p.m.	Shower, ready for bed
11:00 p.m.	Lights Out

Evening Activities

	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>
	Bonfire	Board games	Talent Show Senior Awards Water Fight
	S'mores	Sundaes	

Weekly Menu-Sample

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST		Breakfast Sandwich Hash Browns Oatmeal Breakfast Bar Juice & Milk	French Toast Sausage Potatoes Breakfast Bar Juice & Milk	Baked Ham & Cheese Omelets American Fries Breakfast Bar Juice & Milk
LUNCH	Chic. Nuggets Mac & Cheese Soups Salad Bar KoolAid & Water	Sloppy Joes Chips Soups Salad Bar KoolAid & Water	Tacos Refried Beans Rice Salad Bar KoolAid & Water	Sub Sandwich Tater Tots Soups Salad Bar KoolAid & Water
DINNER	Lasagna Garlic bread Vegetable Salad Bar Milk & Water	Grilled Chicken Rice Pilaf Vegetable Salad Bar Milk & Water	BBQ Ribs Hotwings Roasted Pot. Vegetable Salad Bar Milk & Water	

* - Salad Bar includes hot items and various fresh fruit/veggies that vary each meal. Bread/butter/jelly also available.

** - Breakfast Bar includes fresh fruit, yogurt, hot/cold cereals, & toast or bagels daily.

Prescription Medication Instructions

We value your child's privacy as well as their safety. In order to provide a safe environment for all students and follow state guidelines for medications, we ask that you do the following:

- Have just enough medication for the week we are at camp in an original, properly labeled prescription bottle with the dosage and schedule clearly marked on the bottle.
- Place this and a 3 X 5 index card with your child's name on it in a sealed one-gallon plastic zip-lock bag.
- This is to be personally handed to the camp Medical Director prior to leaving for camp.
- The medication will be kept by the camp Medical Director. A log is maintained for all medications - prescribed and OTC (over the counter). Medication can be refrigerated, if necessary.
- All medications, including inhalers and EPI pens, require a prescription medication form that must be signed by your physician. The student may carry inhalers and EPI pens on their person if needed, but we still need to have the district medication form on file.
- **THE STUDENTS ARE NOT ALLOWED TO HAVE ANY MEDICATIONS (PRESCRIPTION OR OVER THE COUNTER) ON THEIR PERSON EXCEPT FOR EPI PENS AND INHALERS AS STATED ABOVE. ALL MEDICATIONS WILL BE STORED IN THE MEDICAL CABIN.**

If you have any medication questions, please call:

Annamarie Guardiola, R.N. - 248-420-1247

We look forward to a fun and healthy week with your child!

HELPFUL REMINDERS

HEAT AND DEHYDRATION

Marching Band Camp involves some strenuous activities on a daily basis. A great amount of attention has gone into planning the timing of this activity and providing plenty of breaks and rest time, but everyone needs to be aware of their fluid intake in warm weather. Our bodies rapidly lose fluid through sweating and "exertional breathing" that is involved in playing many instruments. If we don't replace these fluids, serious illness, including heat dehydration and heat stroke, can result. To keep this from happening, at every break we encourage the students to drink water or a glass of Gatorade, and eat pretzels. The key point is if you wait until you are very thirsty to drink, it is most likely your body has already started dehydrating.

SUNBURN

We ask every camper to bring sunscreen, at least SPF 15, and lip balm. We encourage each camper to apply twice daily to prevent sunburn.

INJURIES

If your student has been fitted with any type of orthopedic device, such as a brace, splint or wrap, they need to bring it with them to camp. It is very important that they plan on using it to prevent injury or complications. We will definitely provide lots of TLC and apply many band-aids, ice, and wraps as needed. We will contact you for anything serious in nature.

Marching Band Camp Rules

These guidelines are in place so that your camper will have a positive and enriching experience while at Band Camp. Please go over these with your child so they will understand the expectations while at camp. The students will also meet with the Camp Director and Assistants at Pre-Camp where they will also become familiar with these rules.

- Students will follow the WLC Student Code of Conduct as well as camp rules. Any breaking of these rules could result in the student's dismissal from the music program.
- Students will follow the WLC Dress Code.
- Drugs, alcohol, tobacco, and knives are prohibited per district policy.
- No students will be allowed to have a vehicle at camp.
- Students are expected to act like young adults and are to be courteous and respectful to anyone with whom they come into contact.
- Absolutely no HAZING (Hazing is defined as a person or group of people doing something to a person or group of people with the intent of causing physical or mental discomfort).
- NO BOYS allowed in girls cabins and NO GIRLS allowed in boys cabins.
- Students are to take advantage of rest time and are to engage in quiet activities during this time.
- Cell phones are to be used only during scheduled free time.
- At 11:00 p.m. students are expected to go to sleep and are not to leave their cabins. All cell phone use is suspended at this time. Band Camp runs on a very demanding schedule and everyone needs his/her sleep.
- Students are responsible for keeping their area clean throughout the week.
- No visitors will be allowed. Parents are not considered visitors.
- Students may not leave camp at any time.
- Work hard and have fun!!!

While we are at Camp Timbers, we are their guest. They are truly looking forward to having us stay with them. Please remember to show your appreciation and respect for their facility and their staff.

CHECKLIST

The following are recommended items to bring to camp. If you have any questions, please feel free to ask the Camp Directors.

- Bedding: Sleeping bag, pillow, sheets (there are mattresses on the camp beds)
- Clothing: Daily change of clothes (LIGHT COLORED CLOTHES KEEP YOU COOLER)
- Hat (loose fitting with brim—important!)
- Pajamas
- Comfortable gym shoes for marching (2 pair would be good)
- Thick sport socks
- Sweatshirt or jacket and rain gear
- Swimsuit/ towel/swim shoes
- Boxer briefs for boys (to avoid chaffing)
- Other: Instrument and music
- ***Flashlight***
- Personal toilet articles (toothbrush, toothpaste, soap, shampoo, deodorant, etc.)
- Towels and washcloth
- Sunglasses, sunscreen, lip balm, talcum/Gold Bond powder & bug repellent (Avoid perfumed and scented products...they attract bugs)
- **Flashlight**, camera, personal music players (CD, MP3, iPod, etc)
- Favorite snacks, drinks, small cooler (avoid chocolate) DO NOT send 'Red Bull' or any other concentrated caffeine drinks(note: no ice is available to the kids for coolers)
- Be aware that cell phone reception is not good.

Fans are available at each cabin.

VISITORS

Parents are welcome and encouraged to visit Band Camp. However, please keep in mind the following guidelines:

- Check in with the Camp Director or Assistant Camp Director upon arrival and departure. You must sign in and out!
- Unfortunately, we cannot have you join us for a meal as we have contracted to feed only the students, staff, and chaperones, so please keep this in mind when choosing visiting times.
- You may not take your child off the camp premises for any reason.
- The instructional time is very important to the success of the program. Please do not interrupt or distract the Band Director, instructional staff, or students, while they are working, as this will cause undue distraction during learning time. Please remember that this is a class for which your child receives credit. If you have any urgent questions or concerns, please contact the Camp Director.
- Alumni band members may visit. They are responsible for adhering to the same guidelines as above and must leave the camp premises no later than 9:00 p.m.

Camper Release Plan

All Walled Lake Central students will be transported to and from Camp Timbers by charter busses and selected chaperones. In the event that a student should arrive late or leave early, the following rules will apply:

Any late arrivals or early departures must be preapproved by Mr. Rogers and communicated to the Camp Director.

1. All campers are to be released to a parent/guardian (authorized person).
2. Authorized persons are to be directed to the Camp Director to sign their camper in or out. Release log shall contain camper's name, the date and time of release, and the authorized person's signature.
3. Where custodial parent requests that a camper not be signed out to a non-custodial parent, such request must be in writing.
4. When a last-minute change occurs in who will be picking up a camper, the new instructions are to be double checked by the Camp Director. This may include a request to see a photo ID, a verification phone contact, or a signature check.
5. Under no circumstance is a camper to be dropped off and left alone.

CAMPER RELEASE FORM

If you know you will be dropping off your camper at Camp Timbers on Tuesday, August 13, 2013, or picking up your camper on Friday, August 16, 2013, please turn this in no later than the end of band rehearsal on Monday, August 12, 2013 to the Camp Director.

BAND CAMP TRANSPORTATION PERMISSION FORM

It is expected that all Walled Lake Central High School Marching Band students will ride to band camp and from band camp on the charter bus. A few may have to ride with chaperones if the bus is too full. Should a variation from this plan become necessary, fill out the following form, and submit to the Camp Director or Assistant Camp Director. The student will only be released to those authorized by the parent (over the age of 21).

My child, _____, has permission to be dropped off at
Band camp (Tuesday)/or picked up from band camp on Friday (circle one) by
(name of person) _____,

Please circle one:

and will not need a ride to camp

and will not need a ride home from camp.

Parent Signature

Date

Printed Name

Walled Lake Central Marching Band Camp Staff 2013

Director, David W. Rogers

Camp Directors: Debbie Perry cell: 810-459-1160
Dawn Vernon cell: 248-770-3094

Camp Medical Director: Annmarie Guardiola, RN cell: 248-420-1247

Camp Chaperones:

Sara Batkin	David Simpson
Sheri Combs	Chris Aldridge
Christine Lussier	Brian Bauer
Laura Garvin	Anthony Berardi
Annmarie Guardiola	Chris Combs
Andi Mara	Deno Coros
Kris McInnis	Jim Frost
Debbie Paletta	Robert Green
Diane Barry	Lou Horvath
Laura Palmer	Kenneth Fegely
Debbie Perry	Jeff Kauffman
Dorene Pulgini	Ron Kuznicki
Brenda Raffin	Fred Marquardt
Nancy Ratsos	Bruce Meyers
Michelle Starks	Wayne Perry
Joyce Steifer	Brian Sovel
Danya Stump	Rick Thackham
Karen Surace	Todd Wensman
Dawn Vernon	
Renna Walter	

Instructional Staff:

Nick Pourcho
Aaron Barrientos
Devin Bruen
Blake Daughtrey
Tim Malone
Chris Martin
Mike Novak
Kyle Peters
Mike Rockwell
Bryan Sutton
Emmanuel Toledo
Kevin Wright

Arrival Information

Arrival time: 7:00 a.m.

Location: Walled Lake Central parking lot

Upon arrival at WLC:

Please park in the northeast corner parking lot. (lot will be full during registration that week)

1. Check in table: Sign in with the Camp Directors by alphabet.
2. Drop off luggage, sleeping bags, etc. at designated bus.
3. Instrument check in: Students check in with section leader in band room. Make sure instrument was loaded Monday night.
4. Report to assigned bus.